



THE ACADEMY

HEALTH. FITNESS. WELLNESS.

1

38 West 14 Street
New York, NY, 10011
(Inside Synergy Gym)

Become a Certified Personal Trainer in 90 Days

- State licensed school (New York State Education Department)
- Certificate is **NATIONALLY AND INTERNATIONALLY** recognized
- **Life time certificate**
- 98% job placement rate
- 260-hour comprehensive program: (130 hours spent in the classroom, 130 hours spent on the gym floor)
- Focus on education: highly qualified instructors with at least Masters Degree in related to Personal Training.
- Provide Job fair every 3 months (Equinox, Crunch, LA Fitness, Sport Time, NY health & Racquet Club, Parisi and many more) are anxious to recruit our graduates.
- Continuing Education Training an aging population

The **Academy** is a "hands on" State Licensed School by the New York State Education Department specializing in Personal Training Program as well as Health, Fitness and Wellness. We focus on providing a high quality education that help prepare students to work anywhere in the fitness and wellness industry. It is a 260 hours, comprehensive program in which students spends, 130 hours in a classroom with academic subjects and 130 hours of hands-on practical training on state of the art equipment.

Last but not least we offer a range of payment plans and a 15 % discount for the NYPD, FDNY, Military and we accept the GI Bill for those who are eligible including retirees.

For more details about the school, to visit the Academy, or to speak with a sales agent in person, please feel free to contact **Sal Cordero** (212) 242-2278 Ext 301. We are here Monday to Friday from 10:00 a.m-6:00 p.m.